

# GENERAL INTRODUCTION

## *Knowing God – Firm Foundation Series*

Welcome to the **Knowing God Self-Study Workbook**, a discipleship journey designed to help young believers build a strong and unshakable foundation in their relationship with God. In today's world, many voices compete for attention, bringing confusion, pressure, fear, and uncertainty. Yet the greatest strength a believer can have is truly knowing God personally.

Knowing God is far more than attending church services or hearing about Him from others. It is about developing a living and personal relationship with Him through prayer, His Word, worship, obedience, and daily fellowship. God desires to walk with you, guide your decisions, strengthen your faith, and reveal His purpose for your life.

This self-study series will help you to:

- Discover who God truly is
- Understand His love, mercy, and character
- Learn how to hear and recognize His voice
- Build trust in Him during every season of life
- Grow spiritually through challenges and experiences
- Live boldly and confidently in your faith

Each lesson includes:

- Bible Scriptures
- Clear teachings and explanations
- Real-life illustrations and examples
- Reflection questions
- Practical activities
- Personal application exercises

As you go through this study, take time to read carefully, reflect deeply, pray sincerely, and complete each activity honestly. Spiritual growth is a journey, and God works patiently in the lives of those who

seek Him wholeheartedly. This is not about being perfect, but about growing daily in faith and intimacy with God.

Always remember:

- God loves you personally
- Your life has purpose and value
- God speaks to those who seek Him
- Your relationship with God can become stronger every day

The purpose of this workbook is not simply to complete lessons, but to allow God to transform your heart, strengthen your faith, and establish a firm spiritual foundation that will guide your future.

## **Theme**

### ***Developing a Personal Relationship with God***

Knowing God is not just about learning facts about Him—it is about experiencing Him personally. God invites every believer into a close relationship where they can know His presence, hear His voice, and walk with Him daily.

The Bible says:

*“You will seek Me and find Me, when you search for Me with all your heart.”*

— **Jeremiah 29:13**

Throughout this study, you will learn practical ways to:

- Know God personally
- Recognize His presence in your life
- Grow deeper in faith and trust
- Develop spiritual maturity
- Build a relationship with God that influences every area of your life

As you commit yourself to this journey, may your heart grow closer to God and your faith become stronger each day.

## Key Scripture

*“Draw near to God and He will draw near to you.”*  
— **James 4:8**

*Know Him. Grow with Him. Live for Him.*

## God’s Grace Sanctuary

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# Day 1: Who is God?

## Key Scriptures

- **Exodus 3:14** “And God said to Moses, ‘I AM WHO I AM.’”
- **Psalm 145:8–9** “The Lord is gracious and full of compassion, slow to anger and great in mercy. The Lord is good to all, and His tender mercies are over all His works.”

### A. God is Eternal

In **Exodus 3:14**, God revealed Himself to Moses as “**I AM WHO I AM.**” This name shows that God is eternal and self-existent. Unlike human beings, God was not created and does not depend on anyone for life. He has always existed and will exist forever.

God is outside time. He was God yesterday, He is God today, and He will still be God forever. Kingdoms rise and fall, people change, and situations shift, but God remains the same.

Because God is eternal:

- His promises never fail.
- His power never decreases.
- His Word remains true forever.

This gives believers confidence and security because the God we trust cannot change or disappear.

## **Illustration**

A building may collapse with time, and human strength may fade with age, but God never weakens. He remains constant through every generation.

### **B. God is Loving**

Psalm 145:8–9 describes God as:

- Gracious
- Compassionate
- Slow to anger
- Rich in mercy
- Good to all

God's love is not temporary or conditional. He cares deeply for humanity and desires the best for His children. Even when people fail, God still extends mercy and calls them back to Himself.

The greatest demonstration of God's love was sending Jesus Christ to die for sinners so they could receive salvation and eternal life.

God's love:

- Comforts us in pain
- Forgives us when we repent
- Restores us when we fall
- Gives us hope during difficult seasons

## **Illustration**

Like a caring father who patiently guides his child after mistakes, God lovingly corrects and restores His people instead of abandoning them.

### **C. God is Personal**

God is not distant or unreachable. He speaks, listens, guides, and desires fellowship with people. When God called Moses by name

from the burning bush, it showed that He knows individuals personally.

A personal God means:

- He knows your name
- He understands your struggles
- He hears your prayers
- He cares about your future

God desires intimacy and daily fellowship with His children. He wants people to walk with Him, trust Him, and depend on Him.

### **God Desires Relationship, Not Just Worship**

Many people practice religion without truly knowing God. God does not only want songs, church attendance, or outward rituals. He wants hearts that genuinely love Him.

True Christianity is a relationship with God, not merely religious activity. Worship becomes meaningful when it flows from a personal relationship with Him.

God desires:

- Daily prayer
- Fellowship through His Word
- Obedience
- Faith and trust
- Genuine love for Him

### **Illustration**

A child may buy gifts for a parent but never spend time with them. The parent values relationship more than the gifts. In the same way, God values a sincere relationship more than empty religious actions.

### **Knowing God Begins With Understanding Who He Is**

A strong relationship with God begins by learning His character through Scripture. The more we understand who God is, the stronger our faith becomes.

When we know:

- God is eternal → we trust His plans.
- God is loving → we rest in His mercy.
- God is personal → we confidently walk with Him daily.

Understanding God transforms our lives, strengthens our faith, and helps us live with confidence, peace, and purpose.

### **Activity:**

- Teen Reflection: Write down 5 words that describe God based on the scripture.
- Group Discussion: Share examples of how God shows His love in everyday life.

## **Day 2: God Speaks – Learning to Hear Him**

### **Key Scriptures**

*John 10:27* “My sheep hear My voice, and I know them, and they follow Me.”

*Isaiah 30:21* “Your ears shall hear a word behind you, saying, ‘This is the way, walk in it,’ whenever you turn to the right hand or whenever you turn to the left.”

God is not silent. He still speaks to His people today. Throughout the Bible, God communicated with individuals such as Moses, Samuel, Elijah, and Paul. In the same way, God desires to guide believers in their daily lives.

Hearing God's voice does not always mean hearing an audible sound. Most often, God speaks through His Word, the Holy Spirit, prayer, and life situations. As believers grow spiritually, they learn to recognize His leading and direction.

### **A. God Communicates Through the Bible**

The primary way God speaks is through His Word. The Bible contains God's truth, wisdom, instructions, and promises. Whenever we read Scripture, God reveals His will and character to us.

God will never contradict His written Word. Any message, dream, or feeling must agree with Scripture.

#### **Why the Bible is Important**

- It teaches truth
- It corrects wrong thinking
- It gives guidance for life
- It strengthens faith
- It reveals God's character

#### **Illustration**

Just as a manual guides someone on how to operate a machine, the Bible guides believers on how to live according to God's will.

#### **Scripture Support**

“Your word is a lamp to my feet and a light to my path.” — *Psalms 119:105*

### **B. God Communicates Through Prayer**

Prayer is a two-way communication between God and His children. Many people only talk to God during prayer but never take time to listen. True prayer includes:

- Speaking to God
- Waiting quietly before Him

- Listening for His direction

As believers pray sincerely, God brings peace, conviction, wisdom, or direction into their hearts.

### **Illustration**

A friendship cannot grow if only one person talks all the time. In the same way, believers must learn to listen during prayer.

## **C. God Communicates Through Circumstances**

Sometimes God uses situations and events to direct His people. He may open doors, close opportunities, or allow circumstances that guide believers toward His purpose.

Not every circumstance is from God, but God can use situations to teach lessons, build character, and provide direction.

### **Examples**

- Closed doors may protect us from wrong decisions.
- Challenges may strengthen faith and patience.
- Opportunities may reveal God's timing and favour.

### **Illustration**

A traffic sign warns drivers about danger ahead. In the same way, God may use circumstances to redirect believers for their safety and growth.

## **D. God Communicates Through the Holy Spirit**

The Holy Spirit lives within believers and helps them understand God's will. He guides, convicts, comforts, teaches, and reminds believers of God's truth.

Sometimes the Holy Spirit speaks through:

- Inner peace
- Conviction

- Gentle promptings
- Spiritual understanding
- Wisdom and discernment

## **Scripture Support**

“For as many as are led by the Spirit of God, these are sons of God.”  
— *Romans 8:14*

## **Learning to Hear God Requires Quiet Time and Attentiveness**

Hearing God clearly requires spiritual discipline. In a noisy and busy world, believers must intentionally create time to seek God.

## **Important Practices**

### **a) Quiet Time**

Spending regular time alone with God helps believers focus and hear His voice more clearly through prayer and Scripture.

### **b) Attentiveness**

Believers must remain spiritually sensitive and willing to obey God’s direction.

### **c) Obedience**

God often speaks more clearly to those who obey what He has already said.

## **Illustration**

A radio must be tuned to the correct station to receive a clear signal. Likewise, believers must quiet distractions and focus on God to hear His voice clearly.

## **Signs That God Is Speaking**

When God speaks:

- His message agrees with Scripture
- It produces peace, not confusion
- It draws people closer to Him
- It encourages righteousness and obedience
- It glorifies Christ

## **Conclusion**

God still speaks to His children today. He communicates through the Bible, prayer, circumstances, and the Holy Spirit. As believers spend time with Him, remain attentive, and obey His guidance, they grow in spiritual maturity and confidence in hearing His voice.

## **Final Encouragement**

God desires to guide every believer personally. Those who seek Him sincerely will learn to recognize His voice and walk in His direction daily.

## **Activity:**

- Silent Reflection: Spend 10 minutes in quiet prayer and note any thoughts, feelings, or impressions you receive.
- Journal Prompt: “What is God saying to me this week?”

# **Day 3: God’s Love and Character**

## **Key Scriptures**

*1 John 4:7–8* “Beloved, let us love one another, for love is of God... He who does not love does not know God, for God is love.”

*Psalms 103:8–12* “The Lord is merciful and gracious, slow to anger, and abounding in mercy... As far as the east is from the west, so far has He removed our transgressions from us.”

One of the most important truths every believer must understand is the character of God. Many people fear God because they do not truly know Him. The Bible teaches that God is loving, merciful, gracious, patient, and forgiving.

Knowing God's character changes the way we think, pray, and respond during difficult moments. When we understand who God is, we learn to trust Him even when life becomes painful or confusing.

### **A. God Is Love**

The Bible does not simply say that God has love; it says **“God is love.”** Love is part of His very nature. Everything God does flows from His perfect love.

God demonstrated His love by:

- Creating humanity in His image
- Providing for people daily
- Forgiving sinners
- Sending Jesus Christ to save the world

God's love is unconditional. He loves people even when they fail or fall short. His love is greater than human love because it is pure, faithful, and everlasting.

### **Scripture Support**

“For God so loved the world that He gave His only begotten Son...”  
— *John 3:16*

### **Illustration**

A mother continues loving her child even when the child makes mistakes. In a greater way, God's love remains constant even when people stumble.

### **B. God Is Merciful**

Mercy means God does not punish us as our sins deserve. Because of His compassion, He gives people opportunities to repent and return to Him.

Psalm 103 describes God as:

- Merciful
- Gracious
- Slow to anger
- Rich in mercy

God understands human weakness and responds with compassion. He does not delight in destroying people but desires restoration and repentance.

### **Example**

When Peter denied Jesus three times, Jesus forgave and restored him instead of rejecting him completely.

### **Illustration**

A judge may legally punish someone, but mercy chooses compassion instead of full punishment. God's mercy gives humanity another chance.

## **C. God Is Full of Grace**

Grace is God's undeserved favour toward humanity. We cannot earn salvation or God's love through good works. God freely gives forgiveness, salvation, and blessings through His grace.

Grace means:

- God forgives sinners
- God strengthens the weak
- God accepts those who come to Him by faith

### **Scripture Support**

“My grace is sufficient for you, for My strength is made perfect in weakness.” — *2 Corinthians 12:9*

Because of grace, believers can approach God confidently without fear of rejection.

### **D. Understanding God’s Character Builds Trust**

Life contains hardships, disappointments, delays, and suffering. During such moments, believers may question whether God cares. However, understanding God’s character helps believers remain faithful even when they do not understand their circumstances.

When we know God is:

- Loving → we trust His heart.
- Merciful → we seek forgiveness confidently.
- Gracious → we depend on His help.
- Faithful → we believe He will never abandon us.

Faith grows stronger when believers focus on God’s character instead of temporary problems.

### **Illustration**

A child trusts a loving parent even when they do not understand every decision. In the same way, believers trust God because they know His character is good.

### **E. God Removes Sin and Restores People**

*Psalm 103:12 says:*

*“As far as the east is from the west, so far has He removed our transgressions from us.”*

This shows the completeness of God’s forgiveness. When people genuinely repent, God forgives and cleanses them fully. He does not hold confessed sins against His children forever.

This truth brings:

- Freedom from guilt
- Peace with God
- Hope for a new beginning

## **Conclusion**

God's character is full of love, mercy, grace, patience, and forgiveness. Understanding who God is helps believers trust Him during every season of life. Even in difficult times, believers can remain confident knowing that God's intentions toward His children are always good.

## **Final Encouragement**

The more believers know God's character, the deeper their faith becomes. A true understanding of God produces peace, confidence, worship, and a stronger relationship with Him.

## **Activity:**

- Bible Hunt: Find 3 examples in scripture where God's love changed someone's life.
- Group Role-play: Act out situations showing God's love to others.

# **Day 4: Building a Relationship with God**

## **Key Scriptures**

*James 4:8* "Draw near to God and He will draw near to you."

*Philippians 3:10* "That I may know Him and the power of His resurrection, and the fellowship of His sufferings..."

God desires more than religious activity from His children—He desires a personal relationship with them. A relationship with God is not built in one day; it grows through daily fellowship, trust, obedience, and sincere devotion.

Just as relationships between people grow stronger through communication and time together, a believer's relationship with God grows through prayer, worship, studying His Word, and obeying His instructions.

The closer we become to God, the more we experience His peace, wisdom, guidance, and strength.

### **A. Relationship with God Grows Through Prayer**

Prayer is communication with God. It is not only asking for needs but also talking, listening, and spending time in His presence. Through prayer, believers express their hearts to God and develop intimacy with Him.

Prayer helps believers:

- Build faith
- Receive guidance
- Gain spiritual strength
- Find peace during difficult times
- Develop dependence on God

A healthy relationship cannot survive without communication. In the same way, believers who rarely pray struggle to grow spiritually.

### **Illustration**

A friendship grows stronger when people communicate regularly. Likewise, constant prayer strengthens our relationship with God.

### **Scripture Support**

“Pray without ceasing.” — *1 Thessalonians 5:17*

### **B. Relationship with God Grows Through Worship**

Worship is expressing love, honour, and reverence to God. True worship is not only singing songs in church; it is a lifestyle that honours God with the heart, words, and actions.

Worship:

- Draws believers closer to God
- Shifts focus from problems to God's greatness
- Invites God's presence
- Strengthens spiritual connection with Him

God desires sincere worship that comes from the heart, not empty religious performance.

### **Illustration**

When people appreciate and honour someone they love, the relationship deepens. In the same way, heartfelt worship strengthens intimacy with God.

### **Scripture Support**

“God is Spirit, and those who worship Him must worship in spirit and truth.” — *John 4:24*

## **C. Relationship with God Grows Through Obedience**

Obedience is proof of love and trust in God. It is not enough to hear God's Word; believers must also practice it.

Obedience demonstrates:

- Faith in God's wisdom
- Submission to His will
- Love for Him

Sometimes obedience is difficult, especially when God's instructions challenge personal desires. However, obedience always leads to spiritual growth and blessing.

### **Scripture Support**

“If you love Me, keep My commandments.” — *John 14:15*

### **Illustration**

A child who trusts a parent obeys instructions even without fully understanding them. Likewise, believers obey God because they trust His goodness and wisdom.

### **D. Intimacy with God Requires Consistency**

Strong relationships are built through regular and intentional connection. A believer cannot grow spiritually by seeking God occasionally and ignoring Him most of the time.

Consistency means:

- Daily prayer
- Regular Bible study
- Continual worship
- Faithfulness in obeying God

Spiritual growth happens gradually through faithful daily practices.

### **Illustration**

A plant grows when it receives water and sunlight consistently. In the same way, believers grow spiritually when they consistently spend time with God.

### **E. Intimacy with God Requires Sincerity**

God looks at the heart, not outward appearance. He desires genuine love, honest prayer, and sincere devotion.

Sincerity means:

- Seeking God wholeheartedly
- Being honest before Him
- Avoiding hypocrisy
- Loving God truly, not pretending spiritually

God values a humble and sincere heart more than outward religious activities.

### **Scripture Support**

“You will seek Me and find Me, when you search for Me with all your heart.” — *Jeremiah 29:13*

## **Illustration**

A genuine friendship is built on honesty and sincerity, not pretence. Likewise, intimacy with God grows when believers approach Him truthfully and wholeheartedly.

## **F. The Benefits of a Close Relationship with God**

As believers grow closer to God, they experience:

- Peace during challenges
- Wisdom and guidance
- Spiritual strength
- Greater faith
- Joy and confidence
- Deeper understanding of God’s purpose

A close relationship with God transforms character and helps believers live victoriously.

## **Conclusion**

Building a relationship with God is a lifelong journey. It grows through prayer, worship, obedience, consistency, and sincerity. God promises that when believers draw near to Him, He will draw near to them.

## **Final Encouragement**

God desires intimacy with every believer. Those who seek Him faithfully will grow spiritually, hear His voice more clearly, and experience His presence daily.

## **Activity:**

- **Prayer Challenge:** Write a prayer for someone in your life who needs God.

- Praise Playlist: Create a playlist of worship songs that help you connect with God.

## Day 5: Trusting God in Daily Life

### Key Scriptures

*Proverbs 3:5–6* “Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.”

*Psalms 37:5* “Commit your way to the Lord, trust also in Him, and He shall bring it to pass.”

Trusting God is an important part of the Christian life. Every day, people face decisions, challenges, uncertainties, and situations they cannot fully control or understand. During such times, God calls believers to place their confidence in Him instead of depending only on human wisdom or emotions.

Trusting God means believing that He is good, faithful, wise, and able to guide our lives correctly. Even when circumstances seem difficult or unclear, believers can rest in the assurance that God knows the way forward.

### A. Trusting God Means Surrendering Our Plans to Him

Many people make plans without seeking God’s direction. However, the Bible teaches believers to commit every area of life to God.

Trusting Him means allowing Him to lead our decisions, dreams, relationships, and future.

Surrender means:

- Letting God guide your choices
- Depending on His wisdom above your own understanding
- Accepting His timing

- Being willing to obey His direction

Sometimes God’s plans may differ from our personal expectations, but His plans are always better and filled with purpose.

### **Illustration**

A passenger trusts a skilled driver to lead them safely to the destination. In the same way, believers must trust God to direct their lives even when they cannot see the full journey ahead.

### **Scripture Support**

“For My thoughts are not your thoughts, nor are your ways My ways,” says the Lord. — *Isaiah 55:8*

## **B. Trusting God Requires Faith**

Faith means believing God even when there is no visible evidence yet. Trust is not based only on feelings or circumstances but on God’s character and promises.

Sometimes believers may face:

- Delays
- Financial struggles
- Sickness
- Disappointment
- Fear and uncertainty

During such moments, trusting God means continuing to believe that He is still working behind the scenes for good.

### **Illustration**

Farmers plant seeds and wait patiently because they trust the harvest will come in the right season. Likewise, believers trust God’s process even before they see results.

### **Scripture Support**

“For we walk by faith, not by sight.” — *2 Corinthians 5:7*

### **C. God Is Faithful Even in Difficult Circumstances**

Life will not always be easy, but God remains faithful through every situation. Difficult circumstances do not mean God has abandoned His people.

Throughout the Bible, many faithful servants of God experienced hardships:

- Joseph was betrayed and imprisoned before becoming a leader.
- David faced battles and persecution before becoming king.
- Paul suffered greatly while serving God.

Despite these challenges, God remained faithful to them and fulfilled His promises.

### **What God’s Faithfulness Means**

- He never leaves His children alone
- He keeps His promises
- He provides strength during trials
- He works all things for good according to His purpose

### **Scripture Support**

“I will never leave you nor forsake you.” — *Hebrews 13:5*

### **Illustration**

Clouds may hide the sun temporarily, but the sun is still present. In the same way, even when believers cannot see God’s hand clearly, He is still working faithfully.

### **D. Trusting God Brings Peace and Direction**

When believers trust God fully, they experience peace instead of constant worry and fear. God promises to direct the paths of those who acknowledge Him.

Trusting God helps believers:

- Avoid fear and anxiety
- Make wise decisions
- Remain stable during challenges
- Develop spiritual maturity
- Grow stronger in faith

### **Illustration**

A child sleeps peacefully during a storm because they trust their parent is watching over them. Likewise, believers can rest peacefully knowing God is in control.

## **E. Practical Ways to Trust God Daily**

### **a) Pray About Everything**

Bring every concern, decision, and burden before God in prayer.

### **b) Study God's Word**

The Bible strengthens faith and reminds believers of God's promises.

### **c) Obey God's Instructions**

Trust grows when believers act on what God says.

### **d) Be Patient**

God's timing is often different from human timing, but His timing is always perfect.

### **e) Remember Past Testimonies**

Reflecting on God's previous faithfulness strengthens confidence for future challenges.

## **Conclusion**

Trusting God means surrendering every part of life to Him and believing that He remains faithful in every circumstance. Even when situations are difficult or unclear, God is still working for the good of His children.

Believers who trust God wholeheartedly experience peace, guidance, strength, and spiritual growth.

### **Final Encouragement**

God sees what you cannot see and understands what you do not understand. Keep trusting Him even during difficult seasons because His plans are good, His timing is perfect, and His faithfulness never fails.

### **Activity:**

- Trust Walk: Pair up; one blindfolded, the other guides using instructions to build trust.
- Personal Reflection: Write down areas where you need to trust God more.

## **6. Knowing God Through Challenges**

### **Scripture**

**Romans 8:28** *“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”*

This verse does not say that **everything that happens is good**. Pain, disappointment, betrayal, failure, sickness, rejection, and struggles are real and painful. However, the promise is that **God is powerful enough to use every situation for a greater purpose and for our good**.

Sometimes one might wonder:

- “Why did God allow this?”
- “Why am I struggling?”
- “Why are things not working out?”

Romans 8:28 reminds us that even when life feels confusing, God is still working behind the scenes. He can take painful moments and turn them into lessons, growth, wisdom, strength, testimony, and victory.

God sees the full picture while we only see a small part of it.

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## **What Does “All Things” Mean?**

“All things” includes:

- Success and failure
- Joy and disappointment
- Closed doors and open doors
- Waiting seasons
- Difficult relationships
- Family struggles
- School pressure
- Financial hardship
- Mistakes and painful experiences

Nothing is wasted in God’s hands.

Even the difficult seasons can become tools God uses to shape your future.

## **God Uses Challenges to Grow Us**

### **A. Challenges Build Spiritual Strength**

Faith becomes stronger during difficult times.

Just like muscles grow through resistance and exercise, spiritual strength grows through trials.

A person who has never faced difficulty may not fully understand:

- patience
- endurance
- prayer
- dependence on God

Challenges teach us to lean on God instead of ourselves.

### **Illustration**

A tree that grows in strong winds develops deeper roots. In the same way, believers who go through storms often develop deeper faith.

Without storms, roots remain shallow.

### **D. Challenges Reveal What Is Inside Us**

Difficult moments expose:

- fear
- anger
- doubt
- impatience
- pride
- bitterness

But they also reveal:

- courage
- faith
- perseverance
- trust in God

God sometimes allows pressure not to destroy us, but to reveal areas that need growth.

### **Illustration**

When toothpaste is squeezed, what is inside comes out. Pressure reveals what is already within us.

Life pressure often reveals the true condition of our hearts.

### **C. Challenges Draw Us Closer to God**

Many people pray more seriously during hard times than during easy seasons.

Pain often pushes people toward God.

During difficulties:

- we seek God more deeply
- we read Scripture more carefully
- we become more dependent on prayer

Sometimes God uses hardship to pull us into a deeper relationship with Him.

#### **Biblical Example: Joseph**

Joseph was betrayed by his brothers, sold into slavery, falsely accused, and imprisoned. Yet God used every painful season to prepare him for leadership.

What others meant for evil, God turned for good.

### **D. God's Timing Is Different From Ours**

One of the hardest parts of challenges is waiting.

We often want:

- immediate answers
- instant change
- quick solutions

But God works patiently and intentionally.

Sometimes He changes the situation slowly because He is also changing us.

#### **Deeper Thought**

If God removed every challenge immediately, would we grow spiritually?

Some lessons can only be learned through process, endurance, and waiting.

### **D. Challenges Can Become Testimonies**

The struggles you survive today may become the testimony that encourages someone tomorrow.

God often uses wounded people to heal others.

Your story may one day help another teen who feels hopeless.

### **Illustration**

A broken bone that heals often becomes stronger at the point where it broke.

God can strengthen the very area where you once felt weak.

### **Important Truths From Romans 8:28**

#### **God Is Still Working Even When You Cannot See It**

Behind silence, delay, and confusion, God is still active.

#### **God's Plan Is Bigger Than One Season**

A painful chapter is not the end of the story.

#### **Your Identity Is Not Your Struggle**

Challenges do not define your worth or future.

#### **God Never Abandons His Children**

Even in difficult seasons, God remains present.

### **Personal Application**

Write about one challenge you are currently facing and explain:

- what you are learning from it
- how God may use it for good
- how you can trust Him more during this season

### **Encouragement**

You may not understand every challenge right now, but God has not lost control of your life. He is shaping your character, strengthening your faith, and preparing your future.

The struggle is not the end of your story.

God is still working.

## **Day 7: Living Out Your Knowledge of God**

### **Key Scriptures**

**Matthew 22:37–39** “Jesus said to him, ‘You shall love the Lord your God with all your heart, with all your soul, and with all your mind.’ This is the first and great commandment. And the second is like it: ‘You shall love your neighbour as yourself.’”

**Colossians 3:17** “And whatever you do in word or deed, do all in the name of the Lord Jesus, giving thanks to God the Father through Him.”

### **Introduction**

Knowing God is not only about gaining biblical knowledge or attending church services. True knowledge of God changes the way we live daily. A person who genuinely knows God will reflect His love, character, and teachings through actions, attitudes, speech, and relationships.

Christianity is meant to be lived out practically every day—in the home, school, workplace, church, and community. God desires believers not only to hear His Word but also to apply it faithfully in everyday life.

### **A. Knowing God Is Reflected in Loving Him**

Jesus taught that the greatest commandment is to love God completely—with all the heart, soul, and mind. Loving God means placing Him first above everything else.

When believers truly love God, they:

- Spend time with Him in prayer
- Read and obey His Word
- Worship Him sincerely
- Trust Him fully
- Desire to please Him in daily life

Love for God is shown not only through words but also through obedience and devotion.

### **Scripture Support**

“If you love Me, keep My commandments.” — *John 14:15*

### **Illustration**

A person who deeply loves someone naturally values and prioritizes that relationship. In the same way, believers who love God will seek Him faithfully and honour Him daily.

### **B. Knowing God Is Reflected in Loving Others**

Jesus connected love for God with love for people. A believer who truly knows God should demonstrate kindness, compassion, forgiveness, and care toward others.

Loving others includes:

- Helping those in need

- Forgiving offenses
- Speaking kindly
- Encouraging others
- Showing patience and understanding

God's love should flow through believers into the lives of people around them.

### **Scripture Support**

“By this all will know that you are My disciples, if you have love for one another.” — *John 13:35*

### **Illustration**

Just as a healthy tree produces good fruit, a believer who knows God produces love and kindness in daily relationships.

### **C. Life Transformation Comes Through Daily Obedience**

Colossians 3:17 teaches that everything believers do should honour Jesus Christ. Christianity is not limited to church activities—it affects every area of life.

This includes:

- Words we speak
- Decisions we make
- Attitudes we carry
- Actions we take
- Relationships we build

As believers obey God consistently, their hearts and character begin to change. Spiritual growth happens through daily application of God's teachings.

### **Illustration**

Just as exercise strengthens the body over time, daily obedience strengthens spiritual maturity and character.

## **D. God's Teachings Transform Character**

The more believers follow God's Word, the more they become like Christ. God transforms attitudes, habits, and behaviours through the work of the Holy Spirit.

Transformation produces qualities such as:

- Love
- Patience
- Humility
- Faithfulness
- Self-control
- Kindness

These qualities reflect the nature of Jesus Christ and influence others positively.

### **Scripture Support**

“But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness...” — *Galatians 5:22*

### **Illustration**

A mirror reflects whatever stands before it. In the same way, believers should reflect the character and love of Christ in daily life.

## **E. Living for God Impacts the World Around Us**

Believers are called to be lights in the world. When people see godly character, love, honesty, and compassion in believers, they are drawn closer to God.

A transformed life becomes a testimony that:

- Encourages others
- Brings glory to God
- Demonstrates the reality of faith
- Influences families and communities positively

Often, people are impacted more by how believers live than by what they say.

### **Scripture Support**

“Let your light so shine before men, that they may see your good works and glorify your Father in heaven.” — *Matthew 5:16*

### **Conclusion**

Knowing God should lead to a transformed life. True faith is reflected through love for God, love for others, and obedience to God’s Word in daily living. As believers apply God’s teachings consistently, they grow spiritually and become more like Christ.

### **Final Encouragement**

God desires not only informed minds but transformed hearts. As you continue loving God, obeying His Word, and showing His love to others, your life will become a powerful testimony of God’s grace and truth.

### **Activity:**

- Service Project: Plan a small act of kindness in your community or church.
- Creative Expression: Draw, write, or create a short skit showing what knowing God looks like in your life.

### **Exam 1 multiple choice**

#### **Knowing God – Firm Foundation Series**

**Instructions:** Choose the correct answer for each question.

**1. According to Romans 8:28, God works all things together for:**

A. Punishment      B. Confusion      C. Good      D. Failure

**2. James 1:2-4 teaches believers to consider trials with:**

A. Anger    B. Fear    C. Joy    D. Worry

**3. God mainly speaks to us through:**

A. Social media    B. The Bible    C. Dreams only    D. Friends only

**4. According to 1 John 4:8, God is:**

A. Power    B. Love    C. Judgment    D. Fire

**5. Which of the following helps us grow closer to God?**

A. Prayer    B. Gossip    C. Laziness    D. Pride

**6. Proverbs 3:5 says we should trust God with:**

A. Part of our heart    B. All our heart    C. Only our emotions    D. Our money only

**7. God uses challenges to:**

A. Destroy us    B. Shame us    C. Grow our character    D. Ignore us

**8. Which person in the Bible remained faithful through suffering?**

A. Samson    B. Job    C. Jonah    D. Saul

**9. Prayer is:**

A. Talking with God    B. Singing only    C. Sleeping    D. Reading stories

**10. What does James 4:8 encourage believers to do?**

A. Run from God    B. Draw near to God    C. Hide from God    D. Fear God only

**11. God's love is shown through:**

- A. Forgiveness      B. Hatred      C. Revenge  
D. Pride

**12. Which of these is NOT a fruit of spiritual growth?**

- A. Patience      B. Faithfulness      C. Jealousy      D. Love

**13. Trusting God means:**

- A. Depending on Him      B. Ignoring Him      C. Doubting Him  
D. Complaining always

**14. The Bible teaches that God is:**

- A. Faithful      B. Unchanging      C. Loving      D. All of the  
above

**15. Trials help believers develop:**

- A. Weakness      B. Perseverance      C. Fear      D. Laziness

**16. Worship helps believers:**

- A. Forget God      B. Focus on God      C. Sleep      D. Hide  
emotions

**17. Which Bible character was thrown into a lion's den?**

- A. David      B. Peter      C. Daniel      D. Moses

**18. God desires a relationship with us that is:**

- A. Personal      B. Distant      C. Secretive      D. Temporary

**19. Reading the Bible daily helps believers:**

- A. Grow spiritually      B. Become proud      C. Ignore others  
D. Fear God wrongly

**20. According to Matthew 22:37-39, the greatest commandment is to:**

A. Love money   B. Love yourself only   C. Love God and others  
D. Avoid people

**21. Which of these shows obedience to God?**

A. Forgiving others   B. Stealing   C. Lying   D. Hating people

**22. God can use difficult situations to:**

A. Teach lessons   B. Strengthen faith   C. Build character  
D. All of the above

**23. Who denied Jesus three times but later changed?**

A. John   B. Peter   C. Paul   D. Thomas

**24. Grace means:**

A. God's unearned favour   B. Human strength   C.  
Punishment   D. Fear

**25. Which of these is a way to hear God better?**

A. Quiet prayer   B. Reading Scripture   C. Listening carefully  
D. All of the above

**26. Challenges can reveal:**

A. God's strength   B. God's faithfulness   C. Spiritual  
growth   D. All of the above

**27. Which Bible character was sold by his brothers but later became a leader?**

A. Joseph   B. Noah   C. Elijah   D. Timothy

**28. A strong relationship with God requires:**

A. Consistency   B. Prayer   C. Obedience   D. All of  
the above

**29. According to Colossians 3:17, believers should do everything in the name of:**

- A. Friends      B. Family      C. Jesus      D. Teachers

**30. Knowing God should change:**

- A. Only church life      B. Only school life      C. Every area of life  
D. Nothing at all

## **CLOSING PRAYER**

"Lord, help these teens not just to know about You, but to truly know You. Speak to their hearts, guide their steps, and grow their faith daily. Amen."

## **FIRM FOUNDATION SERIES**

The **Firm Foundation Series** is a transformational discipleship and spiritual growth program developed by **by God's Grace Sanctuary – Church** to help believers build a strong, Christ-centred life grounded in the Word of God. The series is carefully designed to guide learners from spiritual infancy to spiritual maturity, equipping them to live victoriously and impact the world for Christ.

The program is suitable for:

- Youth and Young Adult Ministry
- Discipleship Programs
- Home Fellowship Groups
- Church Training Classes
- Christian Mentorship Programs

The series is divided into four progressive stages of spiritual growth:

### **1. ROOTED**

This stage focuses on laying a strong spiritual foundation by helping believers understand salvation, God's Word, Christian identity, and

the basics of faith. Learners are grounded in biblical truth and introduced to a life centred on Christ.

**Lessons in Rooted include:**

- Know Your Bible
- Knowing God
- Men Who Met the Messiah
- The Seven Bottles of Milk
- Saved by Grace
- Wisdom for Life
- Jesus the Centre of Life
- Prayer and Devotion
- Faith Foundations
- The Power of God's Word
- Growing Spiritually
- Walking in Obedience
- Understanding Salvation
- Living a Holy Life
- The Love of God
- Trusting God Daily
- Hearing God's Voice
- The Holy Spirit and the Believer
- Christian Character
- Standing Firm in Faith

...and many other foundational lessons that help believers become deeply rooted in Christ.

**2. BUILT**

This stage helps believers grow spiritually and develop a Christ-like lifestyle through obedience, worship, faith, and practical Christian living.

Topics include:

- Christian Growth
- Worship and Fellowship

- Faith and Obedience
- Fruits of the Spirit
- Spiritual Discipline
- Relationships and Integrity
- Purpose and Calling

### **3. ESTABLISHED**

This stage strengthens believers to become mature, steadfast, and spiritually stable disciples who can influence others positively and remain firm in their faith.

Topics include:

- Spiritual Maturity
- Stewardship and Faithfulness
- Leadership Principles
- Discipleship
- Spiritual Warfare
- Kingdom Living
- Endurance and Perseverance

### **4. SENT**

This stage equips believers for ministry, evangelism, leadership, mentorship, and kingdom impact in their families, churches, schools, workplaces, and communities.

Topics include:

- Evangelism and Soul Winning
- Ministry and Service
- Mentorship
- Mission and Outreach
- Kingdom Leadership
- Impacting Society for Christ
- Living a Legacy of Faith

### **Vision of the Series**

To raise believers who are:

- Rooted in God's Word
- Built in faith and character
- Established in spiritual maturity
- Sent to impact the world for Jesus Christ

### **Key Scripture**

“Rooted and built up in Him, strengthened in the faith as you were taught...” — Colossians 2:7